Discover your Raleigh Parks and Recreation Department

SOCIAL

Family Night at the Movies

Age: All ages. Come join us the 1st Friday of each month for a movie. Bring yourself, bring a friend, bring your mom, and bring your dad. Kick back, relax, and have fun! Pre-registration is required. Class Fee: $0

September 2	Friday	6:00-8:00pm
October 7	Friday	6:00-8:00pm
November 4	Friday	6:00-8:00pm
December 2	Friday	6:00-8:00pm

Game It Up

Age: All ages. Socialize with friends while playing popular games like Uno, Connect Four, Sorry, Twister. Like a challenge? Try Pictionary, Taboo, or Cranium for the older gamesters. Class Fee: $0

September 9	Friday	6:00-8:00pm
October 14	Friday	6:00-8:00pm
November 11	Friday	6:00-8:00pm
December 9	Friday	6:00-8:00pm

Teen Time

Age: 13-17. Teens, it's that time at Sanderford Road Center! This program encourages teen socialization, volunteerism, and recreation. Participants will have the opportunity to discuss issues that impact teens as well as explore interests of their own. It's your time. Class Fee: $0

September 16	Friday	6:00-8:00pm
November 18	Friday	6:00-8:00pm

Let Kids be Kids!

Age: 5-12. Bring your child to Sanderford Road Center for an evening full of fun and excitement! Participants will enjoy a variety of activities which may include board games, arts and crafts, computer time, or a movie at the center. Please bring a snack or your dinner. Class Fee: $0

October 21	Friday	6:00-8:00pm
December 16	Friday	6:00-8:00pm

RALEIGH PARKS AND RECREATION

Sanderford Road Center   l   2623 Sanderford Road   l   Raleigh, NC 27610   l   (919) 831-1898

ADULT PROGRAMS
Fun Friday for Adults
Age: 25 & up. Join us the 1st and 3rd Friday of each month for card games for your beginner and advanced players. Enjoy games like spades, bid whisk, pinochle, and hearts. You are sure to have a good time!
Class Fee: $0

September 2-December 16	**1st & 3rd Friday**	**6:00-8:00pm**

Sister Share
Age: 18 & up. A program created by women for women that provides support and encouragement for all. This is a sharing and caring support group that meets every other Thursday night in September and August Some nights we may have invited speakers to speak on specific topics and other times we gather and talk about concerns or issues that the ladies might have. Class Fee: $0

September 8 & 22	**Thursday**	**6:30-8:00pm**
October 6 & 20	**Thursday**	**6:30-8:00pm**

COMPUTER PROGRAMS
Basic Computer I in Spanish/Computacion Basica Nivel I
Age: 16 to adult. This course will introduce basic computer skills. Students will learn how to use the computer keyboard, type simple documents, navigate through internet and other topics. Este curso tiene como objetivo introducir conocimientos básicos de computación. Los estudiantes aprenderán como usar el teclado, escribir documentos simples, usar la Red (Internet) y otros temas.
Class Fee: $40 Resident, $50 Non-Resident

September 7- October 12	**Wednesday**	**6:00-8:00pm**
October 26- November 30	**Wednesday**	**6:00-8:00pm**

Basic Computer II in Spanish/Computacion Basica Nivel II
Age: 16 to adult. This course will be a continuation of Basic Computers I in Spanish with emphasis on learning how to manage files, word processor, spreadsheets software and other topics. Este curso es una continuación de la clase de Computación Básica Nivel I en Español con énfasis en el aprendizaje del manejo de documentos, procesador de palabras y hojas de cálculos además de otros temas.
Class Fee: $40.00 Resident, $50 Non-Resident

November 10-December 22	**Thursday**	**6:00-8:00pm**

PRESCHOOL
Jazz, Ballet, & Tumbling
Age: 2-5. This class combines jazz movement, beginning ballet, and tumbling to give preschool dancers an introduction to dance and gymnastics. Basic techniques and combinations will be taught. Expect a time for self-expression and fun! Class Fee: $32 Resident, $42 Non-Resident

September 12-October 3	**Monday**	**5:00-6:00pm**
October 10-31	**Monday**	**5:00-6:00pm**
November 7-28	**Monday**	**5:00-6:00pm**

Hippity N' Roll
Age: 2.5-5. This class uniquely combines hip hop dance with tumbling in a fun and energetic atmosphere. This high-energy class encourages creative and rhythmic dance. Are you ready yet? See you at Sanderford! Class Fee: $32 Resident, $42 Non-Resident

September 12-October 3	**Monday**	**6:00-7:00pm**
October 10-31	**Monday**	**6:00-7:00pm**
November 7-28	**Monday**	**6:00-7:00pm**

YOUTH PROGRAMS
Community Afterschool Program
Age: 5-12. The Community Afterschool Program is being offered at several local Community Centers for children K-6th grade following the Wake County Traditional school calendar. This program is designed to offer recreation activities, homework assistance, and arts & crafts. For registration information contact your local community center. Cost: $0

August 25-December 21	**Monday-Friday**	**3:00-6:00pm**

Fun Fitness
Age: 5-12. Sanderford Road Center knows how to make exercising fun! Kids can use their enthusiasm while embarking on new adventures in exercise. Kids will play group games and participate in field games. Let's get fit! Class Fee: $0

September 14	**Wednesday**	**5:00-6:00pm**
October 12	**Wednesday**	**5:00-6:00pm**

Girl Connection
Age: 9-15. This program encourages girls to come together with their peers to enhance and encourage positive values, socialization, and community. Girls, this is your time to CONNECT! Class Fee: $0

September 7-28	**Wednesday**	**6:00-8:00pm**

ADULT FITNESS & DANCE
Dance N2 Shape
Age: 16 and up. Dance N2 Shape is putting the fun back into fitness for women. These classes enable you to lose unwanted pounds, gain muscle tone, and improve your overall health and appearance while doing something you enjoy. . . DANCING! Enjoy learning hip-hop, salsa, reggae, African, Afro-Brazilian, and line styles of dance. Class Fee: $10 Resident, $20 Non-Resident

Tuesday Sessions – Each session $10.00

Session 1: September 6 &13	**Tuesday**	**6:30-7:30pm**
Session 2: September 20 & 27	**Tuesday**	**6:30-7:30pm**
Session 3: October 4 & 11	**Tuesday**	**6:30-7:30pm**
Session 4: October 18 & 25	**Tuesday**	**6:30-7:30pm**
Session 5: November 1 & 8	**Tuesday**	**6:30-7:30pm**

Saturday Sessions – Each session $10.00

Session 1: September 10 & 17	**Saturday**	**11:00am-12:00pm**
Session 2: September 24 & October 1	**Saturday**	**11:00am-12:00pm**
Session 3: October 8 & 15	**Saturday**	**11:00am-12:00pm**
Session 4: October 22 & 29	**Saturday**	**11:00am-12:00pm**
Session 5: November 5 & 12	**Saturday**	**11:00am-12:00pm**

ART & SPECIAL PROGRAMS
Back to School Arts & Crafts
Age: 5 and up. Class Fee: $0

September 22	**Thursday**	**5:00-6:00pm**

Holiday Tye Dye
Age: 5 and up. Class Fee: $0

December 1	**Thursday**	**5:00-6:00pm**

EDUCATIONAL
Career Development Series
Age: All ages: What career path interests you? How will you get there? This program will introduce you to variety of careers and assists you with discovering your talents. In addition, you will have the opportunity to meet individuals in your field of interest. You are sure to learn a lot! **Pre-registration required**. Class Fee: $0

October 18	**Tuesday**	**5:00-6:30pm**

SENIOR PROGRAMS

Sanderford Road Seniors
Age: 55 and better. Join the staff of Sanderford Road Center for a senior club meeting. You will have the opportunity to meet your neighbors, socialize, and have an informative discussion about establishing your new senior's club at Sanderford Road Center. Come and give your input regarding a club meeting day, time, activities, and becoming a club officer. Refreshments will be served. Cost: $0

September 27	Tuesday	10:30am-12:00pm
October 18	Tuesday	10:30am-12:00pm
November 15	Tuesday	10:30am-12:00pm
December 20	Tuesday	10:30am-12:00pm

SPECIAL EVENTS
Sanderford Road Center 3rd Annual Holiday Social & Community Open House
Age: All ages. Date to be announced